

# Western Technical College

## *Drug Free Schools and Community Act*

### *Biennial Review 2015-2017*



**Western**  
**Technical College**  
THE  SSENTIAL EXPERIENCE

Revised and Approved August 2017

## Introduction

Western Technical College (Western) was founded in 1912. Western is a two-year vocational-technical school that is one of sixteen technical colleges governed by the Wisconsin Technical College System (WTCS). The system serves over 300,000 students annually. Western's District serves eight regional counties and enrolls over 3,000 full-time equivalencies (FTE) students.

Western Technical College is submitting this review to comply with the Drug-Free Schools and Community Act. Western's Alcohol and Other Drug (AODA) Committee will act as the review body with assistance from Student Life. Any student or staff can serve on the committee on any given year. This report covers the academic year 2015-2017. For copies of the report, submit written request to:

*Dean of Students  
Western Technical College  
400 North Seventh St.  
La Crosse, WI 54601*

## Distribution of Policies

Western Technical College publishes documents annually in a variety of ways to communicate drug and alcohol policies to students and staff. These notifications include information related to policies, conduct expectations and resources. Below are ways the information is distributed:

- Welcome Week (New Student Orientation)
- Student Handbook
- Student Organization Handbook
- College Website
- Annual Security Report
- Brochures
- Residence Hall Handbook
- Western Residence Hall Substance-Free Housing Agreement
- All Hall Meetings

# College Policies

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## **C01014 DRUG-FREE WORKPLACE EMPLOYEE POLICY**

In accordance with the Drug-Free Workplace Act of 1988, Drug-Free Schools and Communities Acts Amendments of 1989 and Wisconsin State Statute, Chapter 961, Uniform Controlled Substance Act, the following policy is hereby adopted:

### *POLICY*

College policy prohibits the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance in the workplace. The term "controlled substance" means substances listed in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. Section 812. Among other substances, it includes such illegal drugs as marijuana, cocaine, crack, PCP, heroin, morphine and LSD.

### *NOTICE OF CONVICTIONS*

An employee must notify the Human Resources Director no later than five (5) days after the employee has received any criminal drug statute conviction based on a violation which occurred in the workplace.

The College will report such convictions to the appropriate Federal agency within ten days. For the purposes of this notice requirement, a conviction includes a finding of guilt, a no contest plea, and/or an imposition of sentence by any judicial body for any violation of a criminal statute involving the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance in the workplace.

### *PENALTIES FOR VIOLATION*

Compliance with this policy is a condition of continued employment. If an employee violates any aspect of this policy, the College will take appropriate disciplinary action, up to and including discharge.

Furthermore, the employee may be required to satisfactorily participate in a drug abuse assistance or rehabilitation program approved for such purpose by federal, state or local health, law enforcement or other appropriate agency.

## **C0105 ALCOHOL AND DRUG POLICY FOR EMPLOYEES AND STUDENTS**

The College is committed to maintaining a drug-free learning and work environment. The College Board and employees recognize that the abuse of alcohol and other drugs interferes with a person's ability to learn and work, and increases the risk of accidents and serious health problems.

While on College premises, conducting College business, or participating in College-sponsored events or activities, no employee, student, partner or guest shall possess, store, use, sell, distribute, solicit, purchase or manufacture drugs, drug paraphernalia, or alcohol. This prohibition applies to all College sites and facilities, including leased property and clinical sites. All students and employees are prohibited from being under the influence of alcohol or drugs while on College premises, conducting College business, or participating in College-sponsored events or activities.

For the purposes of this policy, the term "drugs" means any controlled substances and any other substances that cause or result in intoxication or discernibly altered states of mood or mind, including unregulated substances intentionally used in order to produce intoxication or discernibly altered states of mood or mind. The term "drugs" includes any "look alike" substances which are intended to resemble or be mistaken for drugs, as defined by this policy. The term "drugs" does not include

substances possessed or used by an employee or student pursuant to the employee's or student's valid prescription.

The legal use of drugs prescribed by a medical professional for the employee is permitted on the job only if it does not impair an employee's ability to perform the essential functions of his or her job in a safe manner. The College may conduct drug or alcohol testing for students and employees at any given time with individualized suspicion, unless otherwise prohibited by federal or state law.

Employees and/or students seeking assistance in dealing with alcohol or other substance use/abuse are encouraged to use resources available to them, such as seeking the assistance from the Western Alcohol and Drug Abuse counselor, Employee Assistance Program, or referral to an appropriate rehabilitation program where possible.

The College and the Wisconsin Technical College System Board policy forbid the expenditure of tax dollars and/or student activity fees for alcoholic beverages. The advertising of alcoholic beverages is prohibited on College property and in College publications. Exceptions to this policy may be made by the College President or his/her designee only. Violators of this policy may be subject to disciplinary action and/or referral to law enforcement officials for prosecution under specific state, federal, or local laws.

*This policy is adopted in accordance with the 1989 Wisconsin Act 121, the Drug-Free Schools and Community Acts Amendments of 1989 (Public Law 101-226), and Wisconsin State Statute, Chapter 961, Uniform Controlled Substances Act.*

## **E0708 STUDENT DRUG AND ALCOHOL TESTING POLICY**

As per the Western Technical College Alcohol and Drug Policy for Employees and Students (C0105), Western is committed to maintaining a drug-free learning and work environment.

To ensure a safe and effective learning and work environment, and to provide a tool for faculty and staff to use in identifying and responding to situations where student drug and/or alcohol use is suspected, a drug/alcohol testing policy has been created.

### **STUDENT DRUG/ALCOHOL TESTING POLICY**

Any student at Western who appears to be impaired or under the influence of alcohol or a controlled substance may be required to submit to drug and/or alcohol testing (paid for by the College) under the following circumstances:

1. If a faculty or staff member has reasonable cause to believe that the student is impaired or under the influence of a controlled substance(s), abused prescription drug(s), alcohol, or other mind-altering substance(s).
2. If a student is involved in an accident or incident where safety precautions were violated by a careless act resulting in injury to a person or damage to equipment.

### **E0708P PROCEDURES FOR IMPLEMENTING STUDENT DRUG AND ALCOHOL TESTING**

If a faculty or staff member has a reasonable objective suspicion that a student is impaired or under the influence in violation of this policy, the faculty or staff member is to remove the student from the instructional setting and question the student for an explanation of the observed behavior. Reasonable objective suspicion includes, but is not limited to a person's appearance, actions, behavior, speech patterns, or body odors including indication of chronic and/or withdrawal effects of controlled substances (document observations on Reasonable Cause Checklist). If the student identifies a medication or medical condition as the source of the observed behavior, the faculty/staff member may verify or seek assistance, or contact the Dean of Students or Vice President for Student Development and Success.

If the faculty or staff member is not given a satisfactory response to their reasonable objective suspicion, the faculty member is to immediately notify Western Security and/or an administrative staff member of Western. Western will work with the student to provide transportation to have a drug and/or alcohol test completed and returned home as appropriate.

### **DRUG TESTING PROCEDURES**

Western will establish a network for the collection of urine specimens for drug testing (see below).

These collection sites will follow procedures, which will respect the student's reasonable expectations of privacy. For each urine specimen, an established chain of custody methods will be used. Western will select laboratories which are federally certified. The laboratories will meet all specifics required under the drug testing policy. Anyone taking such drug test shall be given a form to acknowledge that he/she has been provided with a copy of the policy and permitted to provide the medical review officer (MRO) any information relevant to explain any possible positive drug test results.

\* Drug testing shall include: marijuana, cocaine, opiates, amphetamines, and phencyclidine (PCP).

Western reserves the right to test for additional drugs. All drug tests which come back positive from the initial laboratory testing procedure shall be retested using the gas chromatography/mass spectrometry (GC/MS) testing method.

Western will retain a medical doctor(s) as an MRO who shall be the sole party to review the results of these drug tests. The MRO will be the party who makes the final determination as to whether or not a drug test positively identifies prohibited drug use by a student. The MRO will retain all individual test results and will advise Western whether there is a verified positive and the drug discovered or a verified negative test and will provide other general reports to WESTERN, not specific to any individual.

\* In the situation where the student is a minor, a parent/guardian must sign authorization for testing.

### **ALCOHOL TESTING PROCEDURES**

Western will establish a network for the collection of breath alcohol specimens from students. In the event such test evidences a breath alcohol of 0.02% BAC or more, such test result will be evidence of violation of this policy. In the situation where the student is a minor, a parent/guardian must sign authorization for testing.

### **EFFECT OF A VERIFIED POSITIVE DRUG/ALCOHOL TEST**

Any student, whose drug/alcohol test is determined as positive, will result in the student being subject to a hearing for violation of the Student Code of Conduct as set forth in the Student Handbook. Action taken may range from referral for counseling support and restitution for the cost of the drug/alcohol test, to suspension from the College in situations where serious violations arise. In keeping with the mission of the College, any action taken will reflect an opportunity for the student to learn conduct that is more conducive to a positive learning environment.

### **DRUG/ALCOHOL TESTING REFUSAL**

Any student who refuses to submit to a drug or alcohol test (or fails to show up for test) will be considered a possible violation of Western Student Code of Conduct which prohibits the use, possession, or distribution of drugs, firearms, explosives, dangerous chemicals, etc. or illegal use of alcohol and will be subject to the hearing procedure for violation of the Student Code of Conduct as set forth in the Western Student Handbook.

### **COMPLIANCE WITH STATE LAWS**

Western will comply with all applicable state or federal laws in enforcing this policy. Any student is required to notify program faculty of any drug or alcohol statute conviction immediately.

Any student who is taking prescribed or over-the-counter medications which may adversely affect the student's performance or patient safety must notify the program faculty of any such legally obtained medication.

## **C0105P ALCOHOL SERVING AND USE ON CAMPUS**

Alcohol may be served for events on campus only with the approval of the President, or his/her designee, on a case-by-case basis. In the event that alcohol is served on campus, the following guidelines apply:

The event is not open to the general public. It is a closed group, and attendance is by invitation only.

The server of the alcoholic beverages is responsible to ensure that all statutes and regulations are followed in the service of beverages, including assurance that age requirements are compiled and no one is served who is identified as having over-indulged.

## **E0700 STUDENT CODE OF CONDUCT**

Western Technical College provides education and training to the residents of the Western District. As a learning organization, Western monitors student conduct and encourages positive behaviors in support of a positive teaching and learning environment as well as Western's values

A student is defined as any person who attends and/or is enrolled in any classes or program at the college.

In the classroom and in all aspects of college life, our goal is to provide the best opportunity for student success for all. Aspects of college life range from attending classes to being a representative of the

College in the community and beyond. The College will take action to prevent and stop any negative behavior that inhibits learning. The following actions and/or behaviors shall be considered violations of the Student Code of Conduct and will subject any student or student organization to possible conduct sanctions:

1. Physical or verbal abuse of any person.
2. Disruption of the normal operation of the College, including behavior which prevents or interferes with a program, event or classroom instruction.
3. Endangerment of the health, safety or rights of any person.
4. Theft or damage to College property or property of any person on campus.
5. Unauthorized entry or use of a College facility.
6. Use, possession, or distribution of drugs, alcohol, firearms, explosives, dangerous chemicals, or other weapons; being under the influence of alcohol or drugs; and/or use of tobacco on campus property.
7. Academic dishonesty such as plagiarism or cheating (see Academic Dishonesty Definition in 1. Student Handbook).
8. Unethical, inappropriate, or illegal use of technology in the District.
9. Failure to comply with reasonable request of College officials acting in the performance of their duties and/or failing to positively identify one's self to a College official when requested to do so.
10. Violent or threatening behavior such as, but not limited to, sexual assault, sexual harassment, domestic violence, dating violence, and stalking.
11. Engaging in actions which intimidate, harass, threaten, coerce, or otherwise endanger any person.

12. Bullying such as aggressive and continual behaviors of making threats, spreading rumors, attacking someone physically or verbally, and/or purposefully excluding a person from learning opportunities whether in person or through technological means
13. Retaliation (any adverse action whether physical, verbal or psychological) toward an individual or group who initiated a complaint with the College.

Should alleged violations of the Student Code of Conduct arise, a hearing procedure will be followed in accordance with the College conduct guidelines and/or the Nonacademic Code of Conduct Hearing

Process. If determined that a violation did occur, conduct sanctions may range from referral for counseling support in situations where students need support services to suspension or expulsion from the College in situations where serious violations arise. In keeping with the mission of the College, any action taken will reflect an opportunity for the student to learn conduct that is more conducive to a positive learning environment.

## Student Activities AODA Policies

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Western Technical College policies, including those related to the Student Code of Conduct, sexual assault, stalking, relationship violence, alcohol and other drugs, and harassment/bullying, apply to all club members during any club activity (club meetings, events, functions & trips) whether held on or off campus. All policies can be found in the Student Planner or on the web at [http://www.westerntc.edu/student\\_handbook/StudentHandbook.pdf](http://www.westerntc.edu/student_handbook/StudentHandbook.pdf).

### Drug and Alcohol Policy:

Western Technical College recognizes the serious threats that alcohol and other substance abuse present to individuals, the College, and society. The College also recognizes that drug and alcohol dependency or abuses are major health problems, as well as safety and security problems. The College is committed to addressing this and related issues through activities, programs and educational efforts.

#### *Alcohol Use at On-Campus Functions*

Alcohol use at on-campus student sponsored activities, events and functions is prohibited. Exceptions to this practice can be made by the College President or designee in accordance with the institution's policy on alcohol.

#### *Alcohol Use by Students at Off-Campus Functions*

While attending College funded functions and activities such as retreats, conferences, meetings, and trips off-campus, students are responsible to refrain from the unauthorized or illegal use, possession, or distribution of illegal drugs and/or alcohol. These functions include lodging (no alcohol is allowed in rooms paid for by College funds), travel to and from events, and anytime anyone is representing Western. Any student, regardless of age, that is found to be distributing illegal drugs and/or alcohol is subject to College disciplinary procedures as well as prosecution by local authorities. Alcoholic beverage consumption by those of legal drinking age shall not interfere with any scheduled program, nor shall it negatively impact other delegates.

Students have the right to a smoke-free, drug-free, and alcohol-free learning environment. Any off-campus events sponsored by the College shall be alcohol free. Any use of alcohol at the events is strictly prohibited. Also, students are responsible to interact in ways which will not interfere with the educational process and/or any Western sponsored activity.

Advisors are prohibited from buying any alcohol for student regardless of their age.

It should be understood that the advisor for the organization/club is the authorized College

representative and as such, may dismiss any student from the conference and/or activities for conduct related to alcohol or other illegal drugs or if it is determined that the action is unbecoming/detrimental to the individual, group, or College. The advisor will then meet with the staff of the Student Life Office to begin disciplinary action, if necessary.

Advisors for the group traveling on a College funded function, are required to hold a pre-trip/conference orientation outlining with the participants topics such as the details of the trip including departure times and destinations, responsibilities of the students attending, as well as reviewing the College Student Code of Conduct, including alcohol and other drug abuse. Advisors will also be required to obtain from each student participant a completed Western Technical College Student Co-Curricular Travel Conduct Code and Student Trip/Participation Waiver and Release forms. The advisor will also be required to complete the Student Travel Reporting Form. These forms will be kept on file in the Student Life Office, and should an emergency occur, will be used to contact the appropriate emergency contacts.

## Western's Good Samaritan Practice

The Good Samaritan Practice is designed to prevent dangerously intoxicated students from having medical care withheld for fear of formal conduct action. All members of the College community are encouraged to seek immediate medical or security assistance for students whose health and well-being may be at risk due to over consumption of alcohol and/or drugs. Under the Good Samaritan Practice, neither the individual calling nor the student in need of assistance will be subject to formal College conduct action related to the alcohol and drug policy. The individuals involved may be asked to meet with a member of the Student Services staff, but no formal conduct action will be taken against the individuals unless the individuals involved demonstrate a repeated lack of care concerning their well-being and the well-being of the College community. If other infractions of College policy occur, such as but not limited to, property damage or assault, the Good Samaritan Practice does not apply.

## Alcohol & Drug Testing Policy

Any student at Western who appears to be impaired or under the influence of alcohol or a controlled substance may be required to submit to drug and/or alcohol testing (paid for by the College) under the following circumstances:

1. If a faculty or staff member has *reasonable cause* to believe that the student is impaired or under the influence of a controlled substance(s), abused prescription drug(s), alcohol, or other mind-altering substance(s).
2. If a student is involved in an accident or incident where safety precautions were violated by a careless act resulting in injury to a person or damage to equipment.

## Student Drug and Alcohol Parental Notification

The Dean of Students and/or designee has the authority and reserves the right to notify parents or guardians when students have committed serious or repeated violations of university policies, local and/or state laws related to the drug and alcohol policy.

# Residence Hall AODA Policies

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## Alcohol, Tobacco, and Other Drugs

The Western Residence Hall is a completely substance free community, in line with Western Technical College being a substance free College. All residents, regardless of age, are prohibited from using or possessing alcohol, tobacco, or other drugs in the community. All residents agree to this policy when they sign their Housing Contract and the Substance Free Agreement. These policies of the College and residence hall are designed to encourage a positive community experience, enforce state law, and ensure a safe environment for all residents.

### Alcohol Policies (Code 6)

The following constitutes possession of alcohol, and are violations of the Substance Free Agreement:

- The physical presence of alcohol beverages in your assigned residence hall room
- Holding or transporting an alcoholic beverages on College premises, including in or around the Residence Hall
  - This includes the Residence Hall parking lots
- The presence of any resident or guest in any Residence Hall space where alcoholic beverages are also present
- Selling or providing alcohol beverages to another resident or guest on College premises

To ensure compliance with the Substance Free Agreement and the alcohol policies, alcoholic beverage containers, full or empty, and decorative or promotional materials that advertise alcohol brands or use of alcohol are not allowed in residence hall rooms. Examples include, but are not limited to: posters, flags, memorabilia, cans, bottles, kegs, trophy bottles, beer bong, shot glasses, flasks, crates, cases, boxes, or other devices (real or simulated) used to drink alcohol.

Any student at Western who appears to be impaired or under the influence of alcohol or a controlled substance may be required to submit to drug and/or alcohol testing (paid for by the College) under the following circumstances:

1. If a faculty or staff member has *reasonable cause* to believe that the student is impaired or under the influence of a controlled substance(s), abused prescription drug(s), alcohol, or other mind-altering substance(s).
2. If a student is involved in an accident or incident where safety precautions were violated by a careless act resulting in injury to a person or damage to equipment.

Violations of the Substance Free agreement and alcohol policies will result in Student Conduct action, which can include immediate eviction from the Residence Hall.

### Other Drug Policies (Code 6)

The following constitutes drug possession, and are violations of the Substance Free Agreement:

- Being under the influence of drugs
- The physical presence of illegal drugs in your assigned residence hall room
- Possessing prescription medication without a valid physician's prescription
- Using prescription medication outside of prescribed instructions
- Using someone else's prescription medication
- Holding or transporting drugs on College premises, including in or around the Residence Hall
  - This includes the Residence Hall parking lots
- The presence of any resident or guest in any Residence Hall space where drugs are also present

- Purchasing or procuring drugs, including but not limited to—prescription medications, illegal drugs, or controlled substances—and subsequently selling, giving or furnishing drugs to another person in and around Residence Hall premises
- The presence of drug paraphernalia, with or without drug residue, on any resident or guest, on their belongings, or in your assigned room
- The odor or scent of marijuana or other illegal drugs

Examples of drug paraphernalia include, but are not limited to: bongos, pipes, hookahs, water pipes, or any items modified or adapted so that they can be used to consume drugs. Decorative or promotional materials that promote the use of drugs are not permitted in residence hall rooms.

Violations of the Substance Free agreement and other drug policies will result in Student Conduct action, which can include immediate eviction from the Residence Hall.

### *Tobacco Policies (Code 6)*

Western Technical College is a tobacco free campus. Possession or use of tobacco products is prohibited on all College premises and property. All forms of tobacco are prohibited in the Residence Hall and College property. This includes but is not limited to: cigarettes, cigars, chewing tobacco, loose tobacco, e-cigarettes, and vape pens.

If a resident chooses to use tobacco products, they may not use tobacco products on College premises, including within the Residence Hall, and residents are not permitted to use tobacco products within 25 feet of any Residence Hall air intakes (windows, doors, air conditioning units, etc.).

Resources are available for any Western Student looking to discontinue use of tobacco products. Contact the Wellness Center or Student Life Office for cessation resources and more information.

### *The Good Samaritan Policy*

The Good Samaritan Practice is designed to prevent dangerously intoxicated students from having medical care withheld for fear of formal conduct action. All members of the College community are encouraged to seek immediate medical or security assistance for students whose health and well-being may be at risk due to over consumption of alcohol and/or drugs. Under the Good Samaritan Practice, neither the individual calling nor the student in need of assistance will be subject to formal College conduct action related to the alcohol and drug policy. The individuals involved may be asked to meet with a member of the Student Services staff, but no formal conduct action will be taken against the individuals unless the individuals involved demonstrate a repeated lack of care concerning their well-being and the well-being of the College community. If other infractions of College policy occur, such as but not limited to property damage or assault, the Good Samaritan Practice does not apply

## **At the Front Desk**

### *Bag Checks*

Residents entering the building with bags (backpacks, bags, or other) may be asked to show their bags at the Front Desk so that Residence Hall staff may check for alcohol or other non-permitted substances or materials.

Residence Hall staff reserve the right to check a bag at any time. If a resident or guest refuses to allow staff to check a bag, they will not be allowed to access the building while in possession of the unchecked bag. The resident or guest may choose to leave the building with the unchecked bag but they will not be allowed to enter the building unless the bag has been checked.

If a resident or guest chooses to be non-cooperative or disrespectful, Residence Hall staff may contact the Hall Director, Student Life Coordinator, or Campus Security

# Campus Programs and Resources

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## New Student Orientation (Welcome Week)

AODA Specialist presents on AODA policies and issues with a focus on Alcohol. Provides general overview of alcohol facts and consequences and bring the message home by talking about clip from WISN Channel 12's "Investigation into La Crosse Deaths," looking at the college student drowning and then talking about the "alcohol culture" within La Crosse and Wisconsin. Materials available for students at the event include:

### Educational Pamphlets

- Be in the Know – highlights Western AODA Policies and Leadership Opportunities for students to get involve in
- Are You at Risk – a personal risk evaluation guide for alcohol use
- Tips on Sipping – Info on how alcohol affects people & how to take care of someone who may have had too much to drink
- How to Help a Friend – helping someone with a drinking problem
- Sex Under the Influence – information for guys
- Alcohol and Women – information for women
- Alcohol Poisoning – identifying signs and symptoms
- Club Drugs – what you need to know about
- Confronting Marijuana Use

### Post Cards

- The PR Campaign: Personal Responsibility – ways to reduce your risk from alcohol abuse

### Sam Spady Wallet Size Cards

- Provide information on how to respond and take care of a friend

### Posters

- Provided by Safe La Crosse Campaign, featuring the reminder slogan "you wouldn't leave your cell phone, don't leave your friend."

## Project 21 Birthday Cards

### Offered All Year

The packet included a birthday card signed by the College President, coupons from Western's Campus Shop, Union Market and Wellness Center along with instructions to access e-Check-up-to-go at Western.

## Social Norming Posters

### Offered All Year

- "You Wouldn't Leave Your Cell Phone, Don't Leave Your Friend" posters where posted throughout the college.
- NCHA data was also used in a Social Norms campaign to correct misperceptions about Western students' drug and alcohol use.

## Resident Assistant Training

*Late August*

Provide overview of role as AODA educator and opportunities for partnership for AODA related programming for Residence Hall Students. Also provided RA's a list of upcoming events for the year, AODA resources on campus and within the community.

## TIPS Training

*Late August*

Provide TIPS training for Resident Assistant and Student Government Executive Officers.

## Pre-Oktoberfest Program

*Late September*

The week leading up to and the week off Oktoberfest, a fun video full of different clips and songs regarding the consumption of alcohol was played around the lunch hour in the student union. The video uses humor, facts and emotions to inform, educate and remind students about the consequences of high-risk drinking behavior with a message focusing on personal responsibility and safety for friends and oneself.

## Tap-a-Keg Program

*Late September*

Offer free root beer and soft pretzel for students. Promote E-Check-up-to-go at Western.

## Oktoberfest 3<sup>rd</sup> Street Aid Station

*Late September*

AODA Specialist works with Western's Operation River Watch Volunteer Coordinator to organize Students to volunteer at the 3<sup>rd</sup> Street Aid Station during the first weekend of Oktoberfest to keep the community safe.

## Wellness Fair

*Mid October*

AODA Committee has a booth within the Wellness and Involvement Fair. The AODA booth includes a display board with educational pamphlets and resources for all Western students and staff who come through the Wellness Fair. There is an effort to consider keynote speaker can touches on AODA topics.

## Alcohol Awareness Week Program

*Third Week of October*

Alcohol facts and message post on white board in student union (all week). We also have table with tri-fold, educational pamphlets, give away pens, water bottles, Sam Spadey safety cards

Interactive programs provided this week include:

- Spin the Bottle: Sex Lies & Alcohol video
- Goggle Games
- Poster Series
- Alcohol Screening

## Holiday Social

### *First Week of December*

Students and staff will enjoy holiday drinks and desserts and get a chance to relax and hangout with other people. AODA Trivia and games offered for students to participate and learn. The following educational materials will be available:

- Brochures with safety tips regarding responsible hosting ideas for planning safe and enjoyable parties during the holiday.
- Danger of Drunk Driving.
- Dealing with Family members who are in recovery during the holidays.

## Safe Drinking Program for Residence Hall

### *Offered every Fall Term and Spring Term*

Worked with Resident Assistant to present a program on healthy and safe drinking tips for Western's Residence Hall Students. Had students used the drunk goggles to simulate blurred vision as they played Mario Kart. In addition, pizza was provided for dinner, Blood Alcohol Content level and effects were displayed around the room for students to view and AODA educational brochures were handed out.

## Beer, Brats, and Baseball

### *Mid Spring Term*

Collaborated with Western's Baseball Team to offer free root beer and hotdogs for students. Promote E-Check-up-to-go at Western and promote Alcohol Awareness Month educational programs.

## Cops and Donuts

### *Offered every Spring Term*

The AODA Committee collaborated with Western's Security team, UW-La Crosse Police and the La Crosse Police Department to organize a panel to share safety tips and address student's questions and concerns.

## Alcohol Awareness Month Program

### *March and April*

The AODA Committee puts educational and awareness programs throughout the week. Past programs are listed below:

- E-check-up-to-go at Western promotional event.
- Alcohol Culture Video showing in the Student Union
- AODA Information & resource booth in Student Union.
- Interactive White Board with questions posed:
- Goggle Games: Drunk Kart, Walk the line, catch games, and sobriety test.
- Car Wreck Displayed on Courtyard with facts & statistics
- Flash Mob
- Alcohol and academics
- Alcohol Screening – have laptops for students to screen themselves
- E-check-up Survey
- Movie at the Rivoli Theater
- Western Students Volunteer for Operation River Watch
- Articles for Student E-news Letter
  - Alcohol Poisoning: A Medical Emergency
  - You may have a drinking problem if
  - Biphasic effect
  - Energy drinks and alcohol

## Operation River Watch

### *Offered All Year*

The organization meets multiple times each semester to organize volunteer weekends between the schools. The student leaders/coordinators continue to divide up the weekend dates more evenly amongst UW-La Crosse, Viterbo University and Western Technical College.

Western Operation River Watch Volunteer Coordinator, a Western student, works with AODA Specialist, AODA Committee and Student Government to get out the word and organize student volunteers for Western's weekend nights.

## Classroom Presentations by AODA Specialist

### *Offered All Year*

Provided by request of faculty and staff. The consistent classes that have requested presentations are the 1<sup>st</sup> year seminar, Foods Program and the Health & Wellness Today classes. Historically there are 3-5 classroom presentations per term.

## Tobacco Free Work Group

### *Consistent Student and Staff Workgroup*

The work group meets bi-monthly to do educational programs, promote cessation resources, do policy reminders and address issues and concerns that arise. The group's main project during the fall term was putting on the "Great American Smoke-out" program where we had a photo essay contest and handed out cessation resources. During the spring term, the group planned an all campus clean-up day, which other regional learning locations also took part in. Volunteers who helped picked up butts were given a free t-shirt. This tag line and theme changes year-to-year base on the student group.

## Tri-Campus Work Group

### *Consistent Student and Staff Workgroup*

Student and Administration leadership from UW-La Crosse, Viterbo University and Western Technical College meets with other community partners from the health care field, law enforcement, media and other groups on a quarterly bases to address safety and harm reduction strategies for students. The group discusses issues and trends within the community and college campuses. The students volunteered to help the Police Department hang out-door hangers that had information regarding local laws and fines along with a Police-Community Partnership message for being respectful neighbors when hosting parties during Oktoberfest.

## E-Check-Up To Go at Western

### *Consistent Online Program/Assessment Opportunity*

E-Check-up is an online survey that provides *personalized feedback to each student*, and provides feedback about their own:

- Individual Drinking Patterns
- Specific Health & Personal Consequences
- Unique Personal & Family Risk Factors
- Campus & Community Support and Emergency Services

The Program's primary goals are to:

- Reduce levels of dangerous and destructive drinking on college campuses with a special focus on two high-risk groups.
- Strengthen a culture of safety & health by reducing harms and providing customized links and information about your campus and local community resources.

## Heroin & Illicit Drug Display

### *Consistent Community Workgroup*

Put out display information regarding Heroin and Illicit Drugs. Highlight community statistics and local resources to get help. The display is a passive program that is put out once per term.

## Other Efforts:

AODA Specialist actively participates and collaborates with the following committees, workgroups, and projects:

- La Crosse County Heroin & Other Illicit Drug Task Force
- Tri-Campus Work Group Meeting
- Coalition to Reduce Risky Drinking Behavior
- Tri-Campus Policy Work Group
- Octoberfest Family Zone Planning Team

## Campus Resources

### *AODA Specialist*

- 608-785-9444
- vangg@westerntc.edu

### *Wellness Center*

- 608-785-9443
- wellness@westerntc.edu

### *AODA Committee*

- 608-785-9444

### *Student Health Center*

- 608-785

### *Tobacco Free Work Group*

- 608-785-9444

### *Veterans Services*

- 608-785-9436

### *Counseling Services*

- 608-785-9553

### *Disability Support Services*

- 608-785-9875

### *Violence Prevention Services Graduate Assistant*

- 608-785-9468
- violenceprevention@westerntc.edu

### *Project PROVEN*

- 608-785-9267

## General Conclusion

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Western Technical College appears to be in full compliance with federal legislation. The College develops and maintains best practice policies and has protocol and procedures in place to address issues as they arise. The College distributes the drug-free policy to all students and staff annually. The College provides activities and educational programs to promote a strong drug-free campus environment.

Defining and assessing college wide AODA learning outcomes have proved challenging due to Western being a 2-year technical college. Although Western has traditional age, 18-24 year old students, we also have a large non-traditional student population; our average age is 27 years old. A majority of our students commutes to class and have jobs and family responsibilities outside of class. Having said that, the AODA Committee continues to successfully engage and involve students in the planning and implementation of educational programs and efforts. We continue to build positive working relations with our Security team, law enforcement and the community. The College have multiple avenues for reporting incidents and resource referrals in place. There remains opportunities for us to better assess and evaluate the efficacy of our programmatic efforts. Through this review process, we have identified opportunities to update and revise some of our college policies and procedures. As a result, recommended changes will be presented through the college policies and procedure review process.